

The Right Way to Wash Your Hands



Wet hands under running water



Apply soap and rub palms together



Spread the soap lather over the backs of hands



Make sure soap gets in between fingers



Grip fingers on each hand



Make sure to clean thumbs

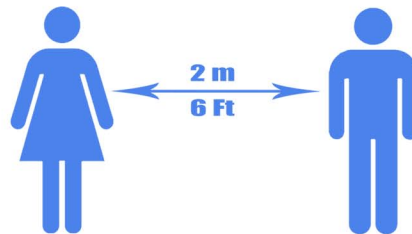


Press fingertips into palm of each hand



Dry thoroughly with clean towel or paper towel

**Please maintain
physical distancing
of 6 ft (2m)**



QUILLES
BOWL
CANADA

SAFELY SOCIAL

